

# JANUARY

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**1**

**2**

**3**

**4**

What better way to welcome the new year than with a bit of scarf trivia? No one really knows who is responsible for the creation of the scarf. It is believed the origin was from Ancient Rome and they were used for cleanliness. The original name was "sudarium" which is Latin for *sweat cloth*. Scarves were first used to wipe sweat from the face when it got hot. Roman soldiers wore scarves for protection from cold while conquering parts of Europe. Red scarves were worn to identify ranks in the Roman army. In time, soldiers of other nations began wearing them to identify country or rank. In the 19th century scarves were worn to show one's political leanings, and by the twentieth century, they signified club membership, universities and famous institutions.

So, this new year's winter, put on your scarf to stay warm!

**Alternate Lunches Available:  
Ham, Turkey, Cheese Hoagie or Sandwich,  
Baked Chicken Nuggets,  
Large Chef Salad or Assorted Cereals w/Milk & Yogurt**

**Please let us know what Alternate Lunch your Child would like when you place his/her order.**

**Please make checks payable to Duke Catering.**

**7**

a) Corn Dog  
OR  
b) Waffles w/Sausage  
  
Cookie  
Carrots w/Ranch Dip

**8**

a) Chicken Cheesesteak  
OR  
b) Bagel w/Cream Cheese/  
Butter  
  
Whole Fruit  
Cucumbers

**9**

a) Walking Taco  
OR  
b) Rib A Que  
  
Chips w/Salsa  
Peaches

**10**

a) Mac and Cheese Bites  
OR  
b) Personal Pizza  
  
Side Salad  
Applesauce

**11**

**Early Dismissal**

**14**

a) Cheese Melt  
OR  
b) Chicken Patty Sandwich  
  
Pudding  
Pineapple

**15**

a) Cheese Quesadilla  
OR  
b) Chicken Tenders  
  
Side Salad  
Berry Cup

**16**

a) Pancakes w/Bacon  
OR  
b) Pizza Krunchers  
  
Grapes  
Veggie Cup

**17**

a) Popcorn Chicken  
OR  
b) Sausage & Cheese Bagel  
  
Pasta Salad  
Cucumbers

**18**

a) French Bread Pizza  
OR  
b) Ham & Cheese Hoagie  
  
Side Salad  
Cheez-Its

**21**

a) Mozzarella Sticks  
OR  
b) BLT Wrap  
  
Goldfish  
Fruit Cup

**22**

a) Cheesesteak Sandwich  
OR  
b) Pepperoni & Cheese Melt  
  
Corn  
Grapes

**23**

a) Chicken Nuggets  
OR  
b) Hot Ham & Cheese Roll-Up  
  
Pudding  
Mixed Green Salad

**24**

a) Meatball Sandwich  
OR  
b) Mac & Cheese  
  
Peaches  
Cucumbers w/Ranch

**25**

a) Personal Pizza  
OR  
b) Chef Salad  
  
Graham Crackers  
Carrots

**28**

a) Hot Dog  
OR  
b) Pizza Bagel  
  
Chips  
Celery Sticks

**29**

a) Grilled Cheese  
OR  
b) Panzarotti  
  
Italian Wedding Soup  
Carrots w/Dip

**30**

a) Hamburger/Cheeseburger  
OR  
b) Crispy Chicken Caesar Wrap  
  
Salad  
Apples

**31**

a) French Bread Pizza  
OR  
b) Chili  
  
French Fries  
Cucumbers

**Feb 1**

**Early Dismissal**

